

## 65C-22.005 Food and Nutrition

- (1) If a facility chooses to provide or make available food to children in care from an outside source such as a caterer, or as the result of a learning activity provided by a child care program, such as garden, it is the responsibility of the provider to ensure all food intended for consumption by a child in care be in sound condition, free from spoilage, and contamination and safe for human consumption.
- (a) Parents or legal guardians must be advised in advance of each food-related activity, such as special occasions and learning activities, which include food consumption. Written parental permission may be obtained in the form of a general or specific permission slip.

My signature below services as permission for food experiences at Little Angels Preschool to include holiday celebrations, birthday parties, and learning experiences. I understand activities will be posted for my review prior to the event.

Name: \_\_\_\_\_

Child's Name: \_\_\_\_\_

Date Received \_\_\_\_\_

Signature: \_\_\_\_\_

## Celebrations

We encourage you to celebrate birthdays and holidays with your child. We are happy to suggest healthy snacks such as crackers, fruit, party mix, etc. instead of sweets or sugary snacks. If you would like to celebrate an occasion with your child's class, please discuss the time and event with their teacher. Unfortunately, we are prohibited from allowing rubber balloons, or homemade cakes or food in the preschool. Mylar balloons are acceptable.

Please discuss with the teacher a minimum of 48 hours prior to event to allow for proper notification as required by state regulations.



## Holiday Parties

Holiday parties are scheduled between your child's teachers and the Director. It is a time we can celebrate collectively as a group. We encourage our parents to join us on these occasions! Your teachers will provide sign up sheets prior to the event. We also encourage you to share your traditions with us as it provides great learning opportunities for the children.

## Learning Experiences

There are a several different ways in which food can aid teachers in learning. Food experiences can teach children a multitude of math, science, and social study concepts. These include measuring, senses, geography, cultures, agriculture benefits, health, development, and many more. All learning experiences are carefully planned to enhance our Creative Curriculum providing optimal learning experiences for the children. You can find learning experiences in the lesson plans posted on the parent board in your child's class and notes reminding you will be placed on the door 24 hours prior to the event.



## Parent Involvement

We encourage our parents to come in and share experiences with our classes so please let us know if you would like to come in and share!

---

# Food Experiences